

# ElderCollege at Silver Harbour

As North Shore ElderCollege has made the difficult decision to wind down as an organization, we are pleased to welcome ElderCollege programs to Silver Harbour. For former members of North Shore ElderCollege, you must become a member of Silver Harbour in order to register in these programs. Silver Harbour membership costs \$35 a year, and you must come in person to fill out forms, sign our waiver and pay for your membership. We HIGHLY RECOMMEND that you get your membership before the first day of registration so that registration day can be as smooth as possible for everyone. Once you have a membership, you may register for programs by phone (using Mastercard or Visa) or in person (using cash, debit card, Mastercard or Visa) starting Tuesday, January 10<sup>th</sup> at 9 am. ***Please note that this date has changed since our previous newsletter.***

Below is a list of ElderCollege programs which will be offered at Silver Harbour starting in the first months of 2023.

## Books Unlimited Book Club (on Zoom)

This popular book club, established in 1997, continues to welcome both returning and new participants. This friendly group loves to talk about fiction and occasionally a non-fiction book. The list of books will be forwarded to participants.

Wed 1:30 – 3:00 pm

Jan 25, Feb 15, Mar 8, Mar 29, Apr 19

\$25

## Champions of the Environment Lecture Series

This spring we will take you on a journey through tropical forests, food security, identifying whales, climate and animal justice and plastic in our oceans. A more detailed list of topics and presenters will be available on our website in January.

Mon 1:00 – 2:30 pm

Card Room

Feb 27 – Apr 3

\$25

## Healthcare Reform Lecture Series

This 4-session course will cover the origins of Canadian public health, its status on the eve of the pandemic, its experience through the pandemic, and the problems it is likely to face in the coming decade or more. A course blog with useful links and downloadable materials will be available when the course begins in February.

Tues 10:30 am – 12:00 pm

Card Room

Feb 7 – 28

\$25

## History of Eastern Europe

Recent international events have brought focus on Eastern Europe, where borders are being changed by force of arms for the first time since the end of the Second World War. This course will provide an overview of the history of the areas now populated by the Slavic speaking people of Europe. From the neolithic migrations eight thousand years ago to modern times, this area has been the crossroads of Europe. The roots of the ongoing conflict in the area can be found in its history.

Wed 1:30 – 3:00 pm

Auditorium

Apr 5 - 26

\$25

## Outdoor Learning

There are several Outdoor Learning programs offered each season. Participants provide their own transportation and meet at the location. All of the outdoor programs require a moderate level of fitness, and full mobility is required. These programs take place outside on natural terrain, with some steep and uneven ground. Programs will proceed rain or shine, so dress accordingly. Walking poles and sturdy footwear are recommended. This spring we are offering the following:

### Lynn Creek with Streamkeepers

Enjoy an informative guided walk on the salmon lifecycle and habitat restoration.

Tues, April 11

1 – 2:30 pm – meet at the parking lot

\$10/1 class

### Capilano River Regional Park

Guided walk with MetroVancouver Park naturalist. Learn about the forest and ecosystem right in our back yards.

Tues, April 18

1 – 2:30 pm – meet at the Fish Hatchery

\$15/1 class

## What's News

What's News is a current events discussion group for people interested in a wide range of issues reported in the media.

Thurs 1:00 – 2:30 pm

Card Room

Jan 26 – Apr 13

\$25