

Daily Menu for January

Monday	Tuesday	Wednesday	Thursday	Friday
3 Silver Harbour CLOSED	4 Meatballs <u>PICK UP ONLY</u>	5 Turkey Schnitzel	6 Beef Stew <u>PICK UP ONLY</u>	7 Lamb Shank
10 Garlic Prawns	11 Cod Nuggets <u>PICK UP ONLY</u>	12 Chicken Breast A la Mode	13 Cabbage Rolls <u>PICK UP ONLY</u>	14 Lasagna
17 Sausages	18 Bami Goreng <u>PICK UP ONLY</u>	19 Beef Patty	20 Pork Stew <u>PICK UP ONLY</u>	21 Chicken Cordon Bleu
24 Salmon with Shrimp Sauce	25 Jambalaya <u>PICK UP ONLY</u>	26 Chicken Cacciatore	27 Fish & Chips <u>PICK UP ONLY</u>	28 Paella
31 Cod with Prawns	If suppliers cannot provide certain food products, we may have to change menu items (and will let you know ASAP).			

Silver Harbour's meal program is available for pick up (Monday-Friday) or delivery (Monday, Wednesday and Friday only). Each meal (entrée, soup, salad, and dessert) costs \$10 and is chilled, ready for you to reheat. **To order, please phone 604-980-2474, Monday through Friday between 10 am and 3 pm, but no later than 11 am the day before – you may order multiple days in advance.** We accept Visa and Mastercard only for payment. There is a maximum of 2 meals per person and daily quantities are limited.

You may pick up your pre-ordered/pre-paid meals at the back of Silver Harbour from 11 am to 12 pm (masks and physical distancing procedures are required). Meals are delivered Mondays, Wednesdays and Fridays (except on holidays) between approximately 10 and 2 pm. We deliver to North Vancouver neighbourhoods between the Seymour River and the Capilano River. You will be called 5 or 10 minutes before delivery and asked to come out to the front of your house or apartment building. Please specify delivery or pickup when you order your meals.