

# Daily Menu for August

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> BC Day Silver Harbour CLOSED	<b>3</b> Cod with Prawns <u><b>PICK UP ONLY</b></u>	<b>4</b> Turkey Schnitzel	<b>5</b> Beef Stew <u><b>PICK UP ONLY</b></u>	<b>6</b> Cabbage Rolls
<b>9</b> Meat Balls	<b>10</b> Salmon w/Shrimp Sauce <u><b>PICK UP ONLY</b></u>	<b>11</b> Chicken a la King	<b>12</b> Pork Stew <u><b>PICK UP ONLY</b></u>	<b>13</b> Paella
<b>16</b> Cod Nuggets	<b>17</b> Chicken Paprikash <u><b>PICK UP ONLY</b></u>	<b>18</b> Fish & Chips	<b>19</b> Chicken Cordon Bleu <u><b>PICK UP ONLY</b></u>	<b>20</b> Lamb Shank
<b>23</b> Sausage	<b>24</b> Jambalaya <u><b>PICK UP ONLY</b></u>	<b>25</b> Chicken Cacciatore	<b>26</b> Lasagna <u><b>PICK UP ONLY</b></u>	<b>27</b> BBQ Ribs & Chicken
<b>30</b> Garlic Prawns	<b>31</b> Chicken Milanaise <u><b>PICK UP ONLY</b></u>			

Silver Harbour's meal program is available for pick up (Monday-Friday) or delivery (Monday, Wednesday and Friday only). Each meal (entrée, soup, salad, and dessert) costs \$10 and is chilled, ready for you to reheat. **To order, please phone 604-980-2474, Monday through Friday between 10 am and 3 pm, but no later than 11 am the day before – you may order multiple days in advance.** We accept Visa and Mastercard only for payment. There is a maximum of 2 meals per person and daily quantities are limited.

You may pick up your pre-ordered/pre-paid meals at the back of Silver Harbour from 11 am to 12 pm (masks and physical distancing procedures are required). Meals are delivered Mondays, Wednesdays and Fridays (except on holidays) between approximately 10 and 2 pm. We deliver to North Vancouver neighbourhoods between the Seymour River and the Capilano River. You will be called 5 or 10 minutes before delivery and asked to come out to the front of your house or apartment building. Please specify delivery or pickup when you order your meals.