

Silver Harbour Seniors' Activity Centre

Daily Menu for January

**Silver Harbour will be closed December 23rd to January 3rd –
please place your orders for the first week of January
by December 22nd at 3 pm.**

Monday	Tuesday	Wednesday	Thursday	Friday
4 Garlic Prawns (<u>order deadline:</u> <u>Dec. 22, 1 pm</u>)	5 Tortellini a la Mode <u>PICK UP ONLY</u>	6 Cod Nuggets	7 Beef Stew <u>PICK UP ONLY</u>	8 Chicken Cordon Bleu
11 Bangers & Mash	12 Thai Chicken <u>PICK UP ONLY</u>	13 Cottage Pie	14 Meat Balls Milanaise <u>PICK UP ONLY</u>	15 Fish & Chips
18 Chicken Breast Florentine	19 Salmon with Shrimp Sauce <u>PICK UP ONLY</u>	20 Turkey Schnitzel	21 Cabbage Rolls <u>PICK UP ONLY</u>	22 BBQ Ribs & Chicken
25 Cod with Tiger Prawns	26 Butter Chicken <u>PICK UP ONLY</u>	27 Lasagna	28 Chicken Legs Alsacien <u>PICK UP ONLY</u>	29 Lamb Shank

Silver Harbour's meal program is available for pick up (Monday-Friday) or delivery (Monday, Wednesday and Friday only). Each meal (entrée, soup, salad, and dessert) costs \$10 and is chilled, ready for you to reheat. **To order, please phone 604-980-2474, Monday through Friday between 10 am and 3 pm, but no later than 1 pm the day before – you may order multiple days in advance.** We accept Visa and Mastercard only for payment. There is a maximum of 2 meals per person and daily quantities are limited.

You may pick up your pre-ordered/pre-paid meals at the back of Silver Harbour from 11 am to 12 pm (physical distancing procedures are required). Meals are delivered Mondays, Wednesdays and Fridays (except on holidays) between approximately 10 and 2 pm. We deliver to North Vancouver neighbourhoods between the Seymour River and the Capilano River. You will be called 5 or 10 minutes before delivery and asked to come out to the front of your house or apartment building. Please specify delivery or pickup when you order your meals.