

ElderCollege at Silver Harbour: Fall 2026

Presented by PARC Retirement Living

Books Unlimited Book Club (on Zoom)

This popular book club, established in 1997, continues to welcome both returning and new participants. This friendly group loves to talk about fiction and occasionally a non-fiction book. The book list for this fall includes:

Sept 9: "Moby Dick" by Herman Melville

Oct 7: "Book of Lives" by Margaret Atwood

Oct 28: "When We Were Orphans" by Kazuo Ishiguro

Nov 18: "The Covenant of Water" by Abraham Verghese

Dec 9: "Everything There Is" by M.G. Vassanji

Wed 1:30 – 3:00 pm

Via Zoom

\$30

"Champions" Fall Series: Human Geography and Environment

A lecture series covering a range of topics related to our human environment and history.

Oct 5: Evolution of False Creek "communities" over the past 60 years.

Presenters: Allan Hepburn and Alex Jamieson, retired architects

Oct 19: Longevity in the Blue Zones: lessons from places where people live longer and healthier.

Presenter: Charles Greenberg, retired geographer, Capilano Univ.

Oct 26: A brief history of China-Canada Relations, from Bethune to Carney

Presenter: Charles Greenberg

Nov 2: The Climate Crisis Explained

Presenter: Sheila Ross, retired geographer, Capilano Univ.

Sheila wrote a definitive textbook on the subject: "Weather and Climate"

Nov 9: The Wreck of the Edmond Fitzgerald (based on Gordon Lightfoot's epic song)

An evocative tale complete with music.

Presenter: Charles Greenberg

Mon 1:30 – 3:00 pm

Multipurpose Room

\$30

Geological Rambles

This course consists of 4 field trips to locations within local parks or nature areas containing interesting and significant rock exposures. Led by Lindsay Bottomer P.Geo, who has over 45 years experience working in mineral exploration worldwide, the last 35 years in Vancouver, participants will learn about the history and geological evolution of the region. Participants must provide their own transportation. A moderate level of fitness and mobility is required, as the course takes place outside on natural terrain with some steep, uneven ground. The course will proceed regardless of weather conditions, so please dress accordingly Walking poles and sturdy footwear are recommended. Locations will include Cleveland Dam, Princess and Greenwood Parks, and Lower Capilano River and Sentinel Hill.

Oct 8: Cleveland Dam.

Meet at 9:45 at Cleveland Dam parking lot

Oct 15: Princess Park and Greenwood Park

Meet at 9:45 at Princess Park parking lot

Oct 22: Lower Capilano River and Sentinel Hill

Meet at 9:45 at Simon's parking lot in Park Royal South (across from Home Hardware)

Oct 29: Deep Cove

Meet at 9:45 at Moore's menswear in Park & Tilford for carpooling

Thurs 9:50 am – 12:00 noon +/-

Oct 8, 15, 22 and 29

\$30

History in Five

We are fortunate to have four of our past speakers returning this fall to our history course. In addition, we will have a new speaker who has been a regular attendee of this class. A variety of historical topics will be covered as noted below:

November 6 – Ed Kry – A History of Medical Achievements

Ed has been a long-time contributor to Elder College and was the Founding Chair of Elder College Board of Directors and the President of the society (in its former period). In this class, Ed will present his unique view of medical advancements from early cranial surgery 3,000 BCE, to today's robotic surgery including many interesting stops along the way. Expect to be entertained!

November 13 – Jack Little – In the Metropolitan Shadow – Bowen Island

Jack Little is professor emeritus in SFU's History Department and author of many books on Canadian History. His talk will trace Bowen Island's evolving relationship with the neighbouring metropolis, beginning with the steamship era in the early 20th century and ending with the commuter era of the recent past. Bowen's geographical location has resulted in a protracted conflict between its historic role as a readily accessible "natural playground" for nearby urban dwellers, and the push by property developers to take advantage of the urban demand for housing by transforming the island into a much more heavily populated exurbia.

November 20 – Allan Orr – A History of Alberta Separatism

Allan is no stranger to Elder College's History lectures and has been a long-time contributor; entertaining us with his vast knowledge of a wide variety of topics. This fall, he will cover the Colonization, Western alienation and Separatism in Western Canada – a timely topic. It promises to be another very interesting lecture.

November 27 – Elizabeth Moran – Dave Barrett

Elizabeth confesses she is not a teacher of history but has a great interest in historical events. She has been a regular participant in the history courses over the years and has prepared a presentation on David Barrett which she will share with us. In it, she will cover his government in the 50s-60s and review major legislation passed during his years in power and much more.

December 4th – Bob Fuhr – Causes & Consequences of the Mexican War 1846-48.

Bob is another popular and well-known presenter in our history courses and has been a professor of history at Kwantlen Polytechnic University for a number of years. U.S. President, James K. Polk, was elected on a platform of territorial expansion in 1844. He provoked a war with Mexico in 1846 which resulted in the United States acquiring California and the American Southwest. The consequences of the Mexican War would lead to the Civil War in 1861. He will explore the many issues of this significant event in American history. It will be a very interesting presentation to end the course.

Fri 10:00 am – 11:30

Nov 6 – Dec 4

Multipurpose Room

\$30

Malcolm Lowry Heritage Walk



Lowry outside his Dollarton shack

Come celebrate the creative history of Deep Cove and the Dollarton area. Author and historian Trevor Carolan will lead a slow 90-minute walk-and-talk along the Lowry Trail in Cates Park. **Malcolm Lowry** was one of the 20th century's most significant novelists for his acclaimed novel "Under the Volcano", who lived and worked in his squatter's shack for nearly 15 years. We'll share stories about him and celebrated poet **Earle Birney**, social activist-poet **Dorothy Livesay** and other local author greats including **Chief Dan George**, **Lee Maracle**, **Al Neil**, and others.

DIRECTIONS: Meet beside the historic Dollar Mill's old beehive burner in east Little Cates Park. At Dollarton Hwy and Dollar Rd. turn south then right at Roslyn Blvd. Drive to the end to Cates Park Rd. Parking is free

10:30 am – 12:00 +/-
Sept 10
\$10

Meet Our Local Authors

This fall our Local Authors will present their stories and tell of their experiences of the writing process. There will be stories on a wide variety of topics as described below:

October 6th – Graham Harrop – Cartoonist

Graham Harrop draws the daily online comic strip "TEN CATS". He is a Vancouver Sun cartoonist and for more than 25 years, his comic "BackBench" appeared in the Globe and Mail. He has created presentations or training cartoons for a number of companies including McDonald's Corporation, Princess Cruise Lines and many others.

October 13th– Sachi Komura Rummel – Hiroshima: Memories of a Survivor

Sachi will talk about the experiences of writing her book. She will describe the devastation and loss she endured and also her gratitude for the love and joy she has experienced as an adult.

October 20th - Bob Muckle – Once Upon This Land: Archaeology in British Columbia and the Stories It Tells

Bob Muckle is an Archaeology professor at Capilano University and will share with us the topics covered in this book. He will introduce us to important archaeological investigations in British Columbia which have discovered evidence of humans dating back thousands of years.

October 27th – Christine Alen – A Year at Killara Farm, Gardens of Vancouver, Roses of the Pacific Northwest– Christine has written several highly regarded books on regional flora and is a regular contributor to GardenWise Magazine. She will talk about her writing process and her experiences of living on a farm – something very new to her at the time.

November 3rd – Crystal Hurdle – Sick Witch , After Ted and Sylvia and other titles

Crystal was an English and Creative Writer instructor at Capilano University for many years. She admits she's been heavily influenced by the writings of Sylvia Plath and Ted Hughes. Her writing, poetry and prose has been published nationally and internationally.

November 10th – Christopher Gaze – The Road to Bard; a Legacy of Shakespeare on Canada's West Coast (to be confirmed)

No stranger to Bard fans, Christopher Gaze will enlighten us about his first book, just recently published, and explain how he came to begin and develop the highly successful and unique annual Bard on the Beach program. Always entertaining, his presentation will, no doubt, be quite fun.

Tues 10:00 – 11:30 am

Oct 6 – Nov 10

Multipurpose Room

\$30

What's News

Are you interested in following current events? What's News is a discussion group that focuses on current topics in local, national and international news. Meeting once a week, this group offers you an opportunity to be informed, get caught up to date, and express your opinions about the significant stories of the day.

Thurs 1:30 – 3:00 pm

Sept 17 – Dec 10

Multipurpose Room

\$30